



Joint Support Command
Ministry of Defence

After the Mission Questionnaire

For service members and their families
and friends



Who receives an After the Mission questionnaire?

The Defence organisation invites every service member who has been deployed for 30 days or longer to fill out an 'After the Mission questionnaire'. A member of their family or a friend is also sent a questionnaire six months after their loved one or close friend has returned from a deployment.

Who exactly is the questionnaire sent to?

The family member or friend sent the After the Mission questionnaire is the person registered by the service member as the primary contact for the Defence organisation. This could be his or her partner, a brother or sister, a parent, a child, or a good friend.

What is in it for me?

Filling out the questionnaire will provide you with insight into how you, as a service member or member of the service member's family or circle of friends, are feeling after the deployment. It will also contribute to improving the care around future deployments.

Is it compulsory?

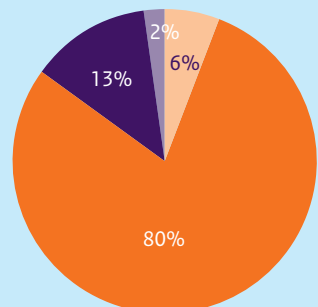
No, filling out the questionnaire is not compulsory, but is very much recommended. If you do not want to fill it out, there is also an option at the start of the questionnaire to quickly indicate why not. That information will also prove to be helpful to us.

What is in it for the Defence organisation?

Your completed questionnaire will help the Defence organisation to be a good employer. First of all, by being able to determine with you whether you might need extra care. Secondly, because we use the anonymized data to research what the effects of a deployment are on (large) groups of people. The insight we gain from this is shared with, for example, policymakers and the Dutch House of Representatives and is also used to improve care for service members and their families during future deployments.

As a family member or friend, what was your main feeling about the deployment?

Very positive	6%
Positive	80%
Negative	13%
Very negative	2%







How does the After the Mission questionnaire work?

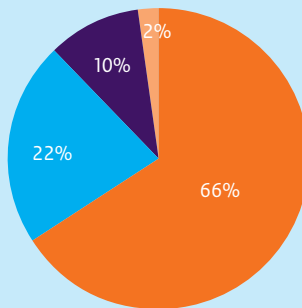
Filling out the questionnaire takes about 10 to 15 minutes. You do this via the Defence intranet site (active service members) or Internet (friends and family members and personnel that have left the Defence organisation). On the basis of the filled out questionnaire, we (automatically) determine whether there might be psychological and/or physical symptoms with the service member and his or her family and friends that give cause for concern.

What happens with the answers?

When your answers give cause for it, the Defence Occupational Social Services Centre will contact you by telephone. Based on this phone call, the Defence social worker will determine together with you whether further help is necessary. If that is the case, he or she will also assist you in getting the right help.

When do we contact service members?

 No reason for contact	66%
 Indication that care is necessary	22%
 Indication that care is necessary and contact requested	10%
 No indication that care is necessary, but contact requested	2%



What about my privacy?

Your questionnaire is treated with complete confidentiality by the Trends, Research & Statistics Division and by the Defence Occupational Social Services Centre. Your personal answers are never shared with third parties. They are also not included in your medical file. Filled out questionnaires can only be retrieved by the participants, i.e. you. Without your consent, they are not even shared with other divisions within the Defence organisation.

However, your anonymised data is used by the Trends, Research & Statistics Division to conduct research into the effects of deployment on (large) groups of people. The results can never be traced back to you as a person.

In addition, within and outside of the Defence organisation additional scientific research is sometimes conducted. During these additional studies, all data is also anonymized in such a way that they can never be traced back to the participants, i.e. you. At the end of the questionnaire, you can indicate if you object to the use of your anonymized data for this kind of additional scientific research.

Contacting military health care organisations

You might have a need to talk to someone about your experiences. You can indicate this in the questionnaire. The Defence Occupational Social Services Centre will then contact you by telephone. You are also always welcome to contact the military health care organisations listed below.

For family and friends of service members and service members who have left the Defence organisation:

- Veterans' Office: 088-334 00 00 or info@veteranenloket.nl

For active service members:

- Defence Occupational Social Services Office: 088-950 50 10
- Military Mental Health Care Division: 030-250 25 99
- Military Chaplaincy Services: 0800-577 77 77

You may also contact your local military health care centre (*gezondheidsheidscentrum*).

For questions about the After the Mission questionnaire, please contact the Trends, Research & Statistics Division at DPOD.onderzoek@mindef.nl.

